

# Bone-Joint

## ***The Challenge***

The incidences of arthritis and bone diseases are on the rise. Bone and joint disease in children was nearly unheard of 30 years ago. Much of this disease is due to being deprived of the nutrients that are essential for healthy bones and joints. Bones are actually organs just like the heart and liver. Americans typically cannot get from the food supply the vitamins and minerals necessary to keep bones and joints in good health.

## ***The Solution***

Since many Americans today have joint complaints including arthritis, rheumatism, lupus and fibromyalgia, there are many products on the market intended to help such people. But most of these products are NOT 100% food nor do they contain all the nutrient factors needed for optimal joint health. The Natural Health Clinic believes that nutritional supplementation should be made from functional foods for better cellular absorption, which is why we came up with 100% food Bone-Joint.

## ***Other Benefits Include***

Positively affects arthritis • Reduces pain and inflammation  
Acts as wound-healer and bone-knitter • Relieves gout and uric acid build up

Bone-Joint is a synergistic formula of herbs supporting the wellness of the bones, joints and muscles of people of all ages. The quality of the health of bones and joints is vital and foundational to the health and structural support of the body. Worthy to note: blood is also formed in the bones and healthy bones mean healthy blood!

## ***The Testimonies***

We have customers all over the United States relying on Bone-Joint!

Clara

Bone-Joint has helped me be more flexible and pain free. I work long hours as a hair dresser. It is vitally important to be able to stand on my feet for those long hours and have flexible fingers.

Ruby

Bone-Joint has helped me get more nutrition than I could ever get out of my food. I am pain free and I am able to do more things than most people my age.

Letcher

This formula has helped me tremendously with my knee and back pain. I have tried so many products for this pain and NOTHING is better than The Natural Health Clinic's Bone-Joint!



Four Capsules of Bone-Joint  
Feed Your Bones With  
More Nutrition Than  
Several Plates Of Food!



Bone-Joint

Bone-Joint is a super concentrated synergistic whole food formula of herbs supporting the wellness of the bones, joints and muscles of people of all ages. The quality of the health of your bones and joints is vital and foundational to the health and structural support of the whole body. It also nourishes your blood which is formed in your bones.

#### **Yucca Root Powder**

Long tradition of use by Native Americans on broken bones and sprains, as well as to help avoid inflammation and stop bleeding. High content of steroid saponins, which are precursors to cortisone, and is useful in relieving arthritis, rheumatism, and muscle pain. High in bone building minerals calcium, potassium, iron, manganese and copper. Rich in vitamins A, B-complex and has some vitamin C.

#### **Glucosamine HCL**

Excellent joint support and effective for joint-related conditions such as osteoarthritis and rheumatoid arthritis, knee pain, back pain and even glaucoma. Promotes cartilage function, strength and mobility. Helps to rebuild worn joints, lubricates stiff joints and soothes inflamed joints.

#### **MSN**

Helps improve flexibility, acts as an Anti-inflammatory. Naturally increases energy. Helps to Accelerates healing in the bones, joints, and muscles. Helps alleviate arthritis symptoms reducing pain and stiffness.

#### **Burdock Root Powder**

Excellent blood purifier, helping clear blood of harmful acids such as uric acid. Can reduce swelling around joints and rid the body of calcification deposits. Good for arthritis and rheumatism, and helpful in cellular regeneration as well as gout and sciatica. High in lignins, magnesium and copper. Plays an important role in muscle contraction and helps build muscles.

#### **Acerola Cherry Extract 4:1**

One of nature's highest sources of vitamin C and has a carotene content comparable to carrots. Used for inflammation and arthritis. Helps flush uric acid out of tissue, relieving gout. Has anti-aging benefits as well as compounds that prevent tooth decay. Helps form strong muscles.

#### **Celery Seed**

Powerful acid neutralizer which aids in relieving rheumatism. Can be effective in relieving different types of arthritis and gout. Can help reduce muscle spasms, inflammation and calm the nerves. Lymph cleanser.

#### **Devil's Claw Root**

Proven to positively affect arthritis, rheumatism and arteriosclerosis. Relieves inflammation and stops pain. Produces a generalized feeling of strength. Good blood purifier. Also aids deep tissue cleansing of toxic impurities in the body and lymph. Contains natural analgesic compounds. Can relieve pain from arthritis, lower back, knee and hip pain. Also used to heal soft tissue pain and muscle aches.

### **Spinach Leaf Powder**

Helps improved bone cartilage, spinach enhances joint mobility. Spinach is also one of the best sources of dietary magnesium, which is necessary for maintaining muscle and nerve function. Spinach is loaded with vitamin K. Vitamin K plays an important role in preventing the damages of the bone structure and increasing the density of bone. Vitamin K and calcium give your bones strength. It lowers the risk of osteoporosis. Moreover spinach is a great source of protein that is beneficial in protecting the muscle tissues and boosting collagen growth.

### **Alfalfa Leaf Powder**

Rich in bio-available calcium and helps the body assimilate calcium and other nutrients that play a vital role in the strength and growth of bones and in the maintenance of a healthy body. Also known as an alkalinizing plant. Rich in vitamins A, K and D. Helps with joint pain, stiffness, and muscle pain. Effective in relieving stiffness and pain caused by muscle problems.

### **Borage Leaf Powder**

Borage is high in vitamin D. Known as an anti-inflammatory and can be effective relieving rheumatoid arthritis. High concentration of gamma linolenic acid (GLA). High silica content helps hair and nails grow, and teeth and bones maintain strength and good density. The leaves are traditionally used to bind broken bones. Helps control the use of muscle tone. Capable of soothing and reducing spasms in the muscles. Vital for healthy bone formation, nerve and muscle function. High levels of the fatty acids present in borage help combat the muscle spasms and numbness associated with multiple sclerosis. Borage oil has also proven effective in preventing nerve damage.

### **Comfrey**

Known as a wound-healer and bone-knitter, used to bind broken bones. Feeds the pituitary with its natural hormone and helps strengthen bones. Helps in calcium/phosphorus balance, promoting strong bones and healthy skin. Used in healing of fractures and wounds. Can be effective in relieving arthritis. Has ability to facilitate rapid healing of virtually all muscle tissues, torn muscles, tendons or ligaments. Aids in stimulating the production of cartilage, tendons and muscles. Helps with traumas that cause swelling. Traditionally used by people for decreasing pain involved with a pulled muscle and bone fractures. Many people use comfrey effectively for skeletal muscle pain.

### **Spearmint Leaf Powder**

Good source of iron, magnesium, calcium and other minerals helping keep bones strong. High in vitamins, antioxidants and vital nutrients. Soothing to nerves, effective in relieving arthritis pain. Has a relaxing effect on the nerves and muscles, and helps to relax contractions in the case of muscle spasms.

### **Ginger Root Powder**

Known to enhance effectiveness of other herbs when in combination. Can be effective in relieving rheumatoid arthritis and muscle pain. Acts as a powerful anti-inflammatory and pain reliever.

### **Lobelia Herb Powder**

In combination with other herbs, helps to repair fractured, broken or cracked bones. Aids in increasing bone density. Known to help relieve arthritis and rheumatism and is an excellent smooth muscle relaxer.

### **Aloe Leaf Powder**

Alkalizing and rich in vitamins and minerals. Contains glucosamine--a natural compound found in cartilage and offers healing for bones, flesh and cartilage. Has anti-inflammatory compounds that boost collagen levels. Aids the body's natural healing processes to rebuild itself at a much faster rate. For joints affected by arthritis, reduces inflammation, relieves soreness and muscle pain, and repairs joints. Helps muscles relax and relieves muscle aches and pains.